

# 2011 HERITAGE AND TRAINING TOUR

**C.M.A.C.**  
CLASSICAL MARTIAL ARTS CANADA

**ENERGIZE YOUR LIFE!**



## CHINA

**THE GREAT WALL  
SHANHAIGUAN  
Dragons Head**

The beautiful and majestic  
**YELLOW MOUNTAINS  
ZHENGZHOU**

**MOUNT WUTAI  
TAIYUAN**  
Train Northern  
Shaolin

**SHANGHAI**

**MOUNT WUDANG**  
Train Bagua

**FUZHOU**  
Train Southern  
Shaolin

**GUANGDONG  
FOSHAN**  
Train Baiquan,  
Hequan  
The cradle of modern  
Karate-do

**BRUCE LEE**

**HONG KONG**

This trip was designed and provided by NEW CENTURY TRAVEL  
In association with: Classical Martial Arts Centre of Mississauga, Ont



## **CLASSICAL MARTIAL ARTS CANADA**

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## **CLASSICAL MARTIAL ARTS CANADA**

### **Program Outline**

As an ideal mix of martial arts training, sightseeing, culture and fun, this program is designed for people who are interested in learning traditional martial arts and Chinese culture. Through travel, participants will visit places of interest across China, such as Shaolin Temple, Wudang Mountain, where traditional Chinese martial arts originated.

**Duration:** Group 1: 27 days; Group 2: 25 days plus Group 3: Optional Wudang tour and Group 4: Fuzhou and Hong Kong part

**Participants:** Classical Martial Arts Canada Members, Family and their friends ONLY

### **Travel Destinations**

Mainland China (including Beijing, Taiyuan, Mountain Wutai, Zhengzhou, South Shaolin Temple, Mountain Wudang, Guangdong, Shanghai, Shunde, Fuzhou, Hong Kong etc)

### **Program Features**

- Professional training program
- Modern training facilities
- Renown Kung Fu heritage sites
- Multiple travel destinations
- Western-style accommodation
- Unique oriental culture
- Affordable international trip

### **Documents Checklist:**

1. A completed trip plan form for “*2011 C.M.A.C China Kung Fu Heritage Tour*”
2. A signed “China waiver form”
3. Photocopy of your passport main page (the page with your photo, name, DOB on it)
4. 1<sup>st</sup> installment dated May 17, 2011
5. Post dated cheque for final payment for August 1, 2011
6. China visa application fee dated August 1, 2011
7. Travel insurance application form (if applicable)



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## **CLASSICAL MARTIAL ARTS CANADA**

### **CMAC Contact information**

Address: Classical Martial Arts Centre 1010 Dreamcrest Dr # 8  
Mississauga, Ont L5V3A4

Contact person: Sensei Jason R.P. Bassels

Email: [admin@cmacdapo.com](mailto:admin@cmacdapo.com)

Website: [www.cmacdapo.com](http://www.cmacdapo.com)

### **Tour package designed and provided by:**

Address: 63 Dundurn St South, Hamilton ON L8P 4J9

Contact person: Shirley Lau

Email: [shirley@n-century.net](mailto:shirley@n-century.net)

Website: [www.n-century.net](http://www.n-century.net)

Tel: (905) 577-6260

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Toll Free #: 1-866-266-1726



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## CLASSICAL MARTIAL ARTS CANADA

**Group 1: 27 days tour: include Beijing portion; end up at Shanghai**

DATE	LOCATION	ITINERARY	MEALS	TRANSPORTATION	ACCOMMODATION
Day 1 Nov 2	Toronto/ Beijing	Depart for Beijing today			<b>Flight</b>
Day 2 Nov 3	Toronto/ Beijing	Today, you will take flight to Beijing. Upon arrival, you will be transferred to Hotel rest and get over your jetlag	D	<b>Flight</b>	<b>Hotel</b>
Day 3 Nov 4	Beijing	You will start your discovery from The Forbidden City, then the <b>Sacred Way</b> and the <b>Ming Tombs</b> in the peaceful shadow of Longevity Mountain. You will then go to the <b>Temple of Heaven</b> , the place where the Emperors worshipped the Heaven for good harvests. Stay in the hotel in Beijing.	B/L/D		
Day 4 Nov 5	Beijing	Today, you will visit <b>Summer Palace</b> and have Taijiquan inside Summer Palace. After dinner, return to Hotel for rest	B/L/D		
Day 5 Nov 6	Beijing/ Shanhaiguan	You will take morning fast train to Shanhaiguan, Upon arrival, you will visit the Shanhaiguan Pass (Shanhaiguan has been known as "The First Pass under Heaven" since ancient times) then hike on the wall. You will go to Laolongtou (Old Dragon's Head)- the starting point of the 4,000-mile long Great Wall. You can hike on the Laolongtou Great Wall for 30 minutes to an hour and experience the beauty of both the wall and the Bohai Sea. In the afternoon, drive about 20 minutes to the Jiaoshan Great Wall, the only section where you can see the ocean from the Wall, and hike for 3 hours. Travel back to Shanhaiguan town to have dinner, stay overnight in a 4-star Hotel.	B/L/D	<b>Fast Train</b>	
Day 6 Nov 7	Shanhaiguan	Get up at 4-5am and to the highest point of the Great Wall (40 minutes) where you will witness a <u>brehtaking sunrise</u> . After this, walk back for breakfast. 7:30am, hike towards the western section of Xiaoheikou for 4-5 hours. Enjoy lunch in a local restaurant, then travel to the Xiaoheikou Great Wall (1.5 hour drive), upon arrival take a short tour around this minivillage (30 households in the village). Explore the small, quiet and quaint atmosphere and learn about the long history dating back to the Ming Dynasty (1368-1644). Start to hike on the east section of the Xiaoheikou Great Wall at 15:00, arrival at a peak tower to view a beautiful sunset. Hike back to the village afterwards. Dinner will be served at in local restaurant.	B/L/D		





## CLASSICAL MARTIAL ARTS CANADA

Day 7 Nov 8	Shanhaiguan/ Beijing	After breakfast, you will dropoff to train station to proceed to Beijing. Upon arrival, Our tour guide will meet you at train station, transfer to Hotel for rest. A live <b>Peking Opera</b> performance will be followed by a local specialty of <b>Roast Duck Banquet</b> . After dinner, you will be transferred to Hotel. Stay overnight in the hotel in Beijing.	B/L/D	<b>Fast Train</b>	<b>Hotel</b>
Day 8 Nov 9	Beijing/ Taiyuan	Morning train to Taiyuan, Arrival and visit the Jinci Memorial Temple, Jinci Temple is regarded as the most worthy sight in Taiyuan of Shanxi Province with its three treasures - Nanlao Spring, Zhou Cypress and Saint Mother Hall. After dinner, check in hotel.	B/L/D	<b>Train T2001orT2003</b>	
Day 9 Nov 10	Taiyuan MT Wutai	After breakfast, drive to <b>Wutai Mountain</b> . After lunch visit the mountains :the biggest and oldest temple in Wutai Mountain-Xiantong Temple, the head of yellow religion temple- Posa-Top, the marking building of Wutai Mountain-Tower Temple, and the most efficacious temple-Ten thousand Buddha Temple(Wuye Temple). Overnight at Wutai Mountain local hotel	B/L/D	<b>Coach</b>	
Day 10 Nov 11	MT Wutai	Enjoy the beautiful view of the Mountain	B/L/D		
Day 11 Nov 12	MT Wutai/ Taiyuan/ Zhengzhou	Today, you will take coach to Taiyuan Train station to proceed to Zhengzhou.	B/D	<b>Coach + Train</b>	
Day 12 Nov 13 - Day 13 Nov 14	Zhengzhou North Shaolin Temple	Kung Fu Training	B/L/D		
Day 14 Nov 15	Zhengzhou/ Huangshan (Yellow MT)	You will take morning flight to Huangshan today, stopover at Shanghai. Upon your arrival in Huangshan City, our local guide will meet you and escort you to Ancient Villages in Southern Anhui - Xidi , check in Hotel for rest. Tour guide will meet you at hotel lobby take you for dinner.	B/D	<b>Flight</b>	
Day 15 Nov 16	Huangshan (Yellow MT)	After breakfast, you will start a visit at Ancient Villages in Southern Anhui – Xidi, after lunch, driven to <b>Huangshan Mountain</b> (1.5 hour-drive), where you will take the cable car from Yungu Station to the top of the mountain, visit the <b>Brush Pen Peak &amp; Lion Peak</b> . Check in Huangshan Shilin Hotel. In the evening you will enjoy the sunset from the <b>Cloud Dispelling Pavilion</b> . Stay overnight at the summit.	B/L/D		
Day 16 Nov 17	Huangshan (Yellow MT)	On this day, try to get up early in the morning to catch the Huangshan Mountain's magnificent sunrise. A walking tour on the <b>Xihai Grand Canyon</b> , Then you will take the cable car down to the foot of Huangshan Mountain. Transfer to	B/L/D		





## CLASSICAL MARTIAL ARTS CANADA

		Jiuhua Shan Area located at Qingyang, Chizhou, Anhui. Stay overnight at Jiuhua Shan			
Day 17 Nov 18	Huangshan (Yellow MT)/ MT. Wudang	After Breakfast, you will visit Huacheng Temple and some popular Temples . After dinner, transfer to Hefei, you will take overnight train (Depart:23:51) to Wudang mountain Hubei.	B/L	<b>Overnight Train</b> 23:51-13:06	<b>Train</b>
Day 18 Nov 19	MT Wudang	Train arrival Shiyan, Hubei train station around 13PM, you will take about an hour local transportation to Wudang Town. Check in to Hotel either at Wudang town or Mt. Wudang zenith.	D	<b>Train + coach</b>	<b>Hotel</b>
Day 19 Nov 20 - Day 23 Nov 24	MT Wudang	Every morning they will be training the world well known Wudang Tai Chi. The course will focus on a Sanfeng Form that is one of the main styles in Wudang Martial arts. <b>**Optional tour package available: refer to Group 3 below and cost information</b>	B/L/D		
Day 24 Nov 25	Mt. Wudang/ Shanghai	After breakfast, morning flight to Shanghai. Upon arrival, Tour guide will meet you. After lunch, you will take a cruise along the Huangpu River, the mother river of Shanghai. After dinner return to Hotel for rest.	B/D	Flight (FM9368 10:55-12:45)	
Day 25 Nov 26	Shanghai	Today, we will take you to experience the traditional part of Shanghai. You will visit City God Temple Bazaar, the old town of Shanghai--Qibao Old town. A walking tour on the pedestrian Nanjing Road, a famous shopping mecca in Shanghai, will be schedule next. After dinner, the acrobatic show is the best choice for you. Stay in the hotel in Shanghai	BL/D		
Day 26 Nov 27	Shanghai	Martial arts exchange seminar.	BL/D		
Day 27 Nov 28	Shanghai/ Toronto	<b>Group 1:</b> end Up tour at Shanghai, you will dropoff to Shanghai airport to proceed to Toronto or you may extend your travel to <b>Group 3 Fuzhou+HongKong</b>	<b>B</b>	Flight	

*(We reserve the right to adjust the Itinerary and accommodation when necessary)*





## CLASSICAL MARTIAL ARTS CANADA

### Cost Information:

**Group 1: 27 days: include Beijing portion; end up at Shanghai**

Tour fees are in CAD currency:

Participants	COST PER PERSON	Single supplement
15-20 pax	CAD \$3,028	CAD 900
21-40 pax	CAD \$2,738	CAD 800

### Inclusions:

- Accommodations base on double occupancy in Chinese Standard 4 -5 star hotel  
\*\* *Except Shaolin Temple and Mt. Wudang Mountain are NOT 4-5 star Hotel*
- Entrance fees and meals as per itinerary (Beijing roast duck, acrobatic show, Beijing Opera, etc.)
- Train fees as per itinerary included Beijing—ShanHaiGuang round way express, Beijing to Shanxi express
- Bottled water (2 per person daily)
- All transfers and city transportation as per itinerary
- Private car or van with English speaking guide as per itinerary
- Above private escorted tour is customized for you, your family or your friends exclusively. No other travelers will join in your group.
- All the fees for Kongfu demonstration, studying and visiting . In Shaolin Temple the Kongfu training is taught by the Kongfu monks.
- Domestic flights within China as per itinerary
- Tips to guides and drivers

### Exclusions:

- **International flights**
- **Baggage handling Fees**
- Chinese Visa
- All type of Travel insurance



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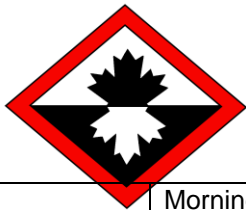


## CLASSICAL MARTIAL ARTS CANADA

### Group 2: 25 days Without Beijing portion; end up at Shanghai

DATE	LOCATION	ITINERARY	MEALS	TRANSPORTATION	ACCOMMODATION
Day 3 Nov 4	Toronto/ Beijing	Depart for Beijing today		Flight	Flight
Day 4 Nov 5	Toronto/ Beijing	Today, you will take flight to Beijing. Upon arrival, you will be transferred to Hotel rest and get over your jetlag	D		Hotel
Day 5 Nov 6	Beijing/ Shanhaiguan	You will take morning fast train to Shanhaiguan, Upon arrival, you will visit the Shanhaiguan Pass (Shanhaiguan has been known as "The First Pass under Heaven" since ancient times) then hike on the wall. You will go to Laolongtou (Old Dragon's Head)- the starting point of the 4,000-mile long Great Wall. You can hike on the Laolongtou Great Wall for 30 minutes to an hour and experience the beauty of both the wall and the Bohai Sea. In the afternoon, drive about 20 minutes to the Jiaoshan Great Wall, the only section where you can see the ocean from the Wall, and hike for 3 hours. Travel back to Shanhaiguan town to have dinner, stay overnight in a 4-star Hotel.	B/L/D	Fast Train	
Day 6 Nov 7	Shanhaiguan	Get up at 4-5am and to the highest point of the Great Wall (40 minutes) where you will witness a <u>breathtaking sunrise</u> . After this, walk back for breakfast. 7:30am, hike towards the western section of Xiaoheikou for 4-5 hours. Enjoy lunch in a local restaurant, then travel to the Xiaoheikou Great Wall (1.5 hour drive), upon arrival take a short tour around this minivillage (30 households in the village). Explore the small, quiet and quaint atmosphere and learn about the long history dating back to the Ming Dynasty (1368-1644). Start to hike on the east section of the Xiaoheikou Great Wall at 15:00, arrival at a peak tower to view a beautiful sunset. Hike back to the village afterwards. Dinner will be served at in local restaurant.	B/L/D		
Day 7 Nov 8	Shanhaiguan/ Beijing	After breakfast, you will dropoff to train station to proceed to Beijing. Upon arrival, Our tour guide will meet you at train station, transfer to Hotel for rest. A live <b>Peking Opera</b> performance will be followed by a local specialty of <b>Roast Duck Banquet</b> . After dinner, you will be transferred to Hotel. Stay overnight in the hotel in Beijing.	B/L/D	Fast Train	





## CLASSICAL MARTIAL ARTS CANADA

Day 8 Nov 9	Beijing/ Taiyuan	Morning train to Taiyuan, Arrival and visit the Jinci Memorial Temple, Jinci Temple is regarded as the most worthy sight in Taiyuan of Shanxi Province with its three treasures - Nanlao Spring, Zhou Cypress and Saint Mother Hall. After dinner, check in hotel.	B/L/D	<b>Train T2001orT2003</b>	
Day 9 Nov 10	Taiyuan MT Wutai	After breakfast, drive to <b>Wutai Mountain</b> . After lunch visit the mountains :the biggest and oldest temple in Wutai Mountain-Xiantong Temple, the head of yellow religion temple-Posa-Top, the marking building of Wutai Mountain-Tower Temple, and the most efficacious temple-Ten thousand Buddha Temple(Wuye Temple). Overnight at Wutai Mountain local hotel	B/L/D	<b>Coach</b>	
Day 10 Nov 11	MT Wutai	Enjoy the beautiful view of the Mountain	B/L/D		
Day 11 Nov 12	MT Wutai/ Taiyuan/ Zhengzhou	Today, you will take coach to Taiyuan Train station to proceed to Zhengzhou.	B/D	<b>Coach + Train</b>	
Day 12 Nov 13 - Day 13 Nov 14	Zhengzhou North Shaolin Temple	Kung Fu Training	B/L/D		
Day 14 Nov 15	Zhengzhou/ Huangshan (Yellow MT)	You will take morning flight to Huangshan today, stopover at Shanghai. Upon your arrival in Huangshan City, our local guide will meet you and escort you to Ancient Villages in Southern Anhui - Xidi , check in Hotel for rest. Tour guide will meet you at hotel lobby take you for dinner.	B/D	<b>Flight</b>	
Day 15 Nov 16	Huangshan (Yellow MT)	After breakfast, you will start a visit at Ancient Villages in Southern Anhui – Xidi, after lunch, driven to <b>Huangshan Mountain</b> (1.5 hour-drive), where you will take the cable car from Yungu Station to the top of the mountain, visit the <b>Brush Pen Peak &amp; Lion Peak</b> . Check in Huangshan Shilin Hotel. In the evening you will enjoy the sunset from the <b>Cloud Dispelling Pavilion</b> . Stay overnight at the summit.	B/L/D		
Day 16 Nov 17	Huangshan (Yellow MT)	On this day, try to get up early in the morning to catch the Huangshan Mountain's magnificent sunrise. A walking tour on the <b>Xihai Grand Canyon</b> , Then you will take the cable car down to the foot of Huangshan Mountain. Transfer to Jiuhua Shan Area located at Qingyang, Chizhou, Anhui. Stay overnight at Jiuhua Shan	B/L/D		
Day 17 Nov 18	Huangshan (Yellow MT)/ MT. Wudang	After Breakfast, you will visit Huacheng Temple and some popular Temples . After dinner, transfer to Hefei, you will take overnight train (Depart:23:51) to Wudang mountain Hubei.	B/L	<b>Overnight Train 23:51-13:06</b>	<b>Train</b>





## CLASSICAL MARTIAL ARTS CANADA

Day 18 Nov 19	MT Wudang	Train arrival Shiyan, Hubei train station around 13PM, you will take about an hour local transportation to Wudang Town. Check in to Hotel either at Wudang town or Mt. Wudang zenith.	D	Train + coach	Hotel
Day 19 Nov 20 - Day 23 Nov 24	MT Wudang	Every morning they will be training the world well known Wudang Tai Chi. The course will focus on a Sanfeng Form that is one of the main styles in Wudang Martial arts. <b>**Optional tour package available: refer to Group 3 below and cost information</b>	B/L/D		
Day 24 Nov 25	Mt. Wudang/ Shanghai	After breakfast, morning flight to Shanghai. Upon arrival, Tour guide will meet you. After lunch, you will take a cruise along the Huangpu River, the mother river of Shanghai. After dinner return to Hotel for rest.	B/D	Flight (FM9368 10:55- 12:45)	
Day 25 Nov 26	Shanghai	Today, we will take you to experience the traditional part of Shanghai. You will visit City God Temple Bazaar, the old town of Shanghai--Qibao Old town. A walking tour on the pedestrian Nanjing Road, a famous shopping mecca in Shanghai, will be schedule next. After dinner, the acrobatic show is the best choice for you. Stay in the hotel in Shanghai	BL/D		
Day 26 Nov 27	Shanghai	Martial arts exchange seminar.	BL/D		
Day 27 Nov 28	Shanghai/ Toronto	<b>Group 1:</b> end Up tour at Shanghai, you will dropoff to Shanghai airport to proceed to Toronto or you may extend your travel to <b>Group 3 Fuzhou+HongKong</b>	B	Flight	





## CLASSICAL MARTIAL ARTS CANADA

### Cost Information:

**Group 2: 25 days: without Beijing portion; end up at Shanghai**

Tour fees are in CAD currency:

Participants	COST PER PERSON	Single supplement
15-20 pax	CAD \$2,875	CAD \$818
21-40 pax	CAD \$2,585	CAD \$716

### **Inclusions:**

- Accommodations base on double occupancy in Chinese Standard 4 -5 star hotel  
\*\* *Except Shaolin Temple and Mt. Wudang Mountain are NOT 4-5 star Hotel*
- Entrance fees and meals as per itinerary
- Train fees as per itinerary included Beijing—ShanHaiGuang round way express, Beijing to Shanxi express
- Bottled water (2 per person daily)
- All transfers and city transportation as per itinerary
- Private car or van with English speaking guide as per itinerary
- Above private escorted tour is customized for you, your family or your friends exclusively. No other travelers will join in your group.
- All the fees for Kongfu demonstration, studying and visiting . In Shaolin Temple the Kongfu training is taught by the Kongfu monks.
- Domestic flights within China as per itinerary
- Tips to guides and drivers

### **Exclusions:**

- **International flights**
- **Baggage handling Fees**
- Chinese Visa
- All type of Travel insurance



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## CLASSICAL MARTIAL ARTS CANADA

### Group 3: Optional Wudang Tour

DATE	LOCATION	ITINERARY	MEALS	TRANSPORTATION
Day 19 Nov 20	Wudang Mountain	Drive from Wudang mountain to <b>Shennongjia Muyu Town (around 5 hours transportation), stay overnight at Hotel of Shennongjia Muyu Town.</b>	B/L/D	Coach
Day 20 Nov 21		After breakfast, you will start your tour by visiting the <b>Shennongjia Nature Reserve</b> . Shennongjia Nature Reserve is a nature forest with marvelous natural scenery, rare foliages, endangered animals and famous legends. You can wander in the forest to experience the elegant waterfalls and (maybe) get a glimpse of the mysterious "Wild Men". Besides, you also can pick up the legend of Shennong's Ladder who was believed to be one of the two ancestors of Chinese people. Stay overnight at <b>Hotel of Shennongjia Muyu Town.</b>	B/L/D	
Day 21 Nov 22		Today you will go to the Shennongjia <b>Tianshengqiao Scenic Area</b> , explorer the Rural life. After lunch, visit the cultural relics of Emperor Yan Located in shennong Town, Old botanical gardens, and Shen Nong worship Park. Then visit Xiangxi Source. Stay overnight at <b>Hotel of Shennongjia Muyu Town.</b>	B/L/D	
Day 22 Nov 23		After breakfast, visit National Forest Park includes Chinese Massage today. After lunch, return to Wudang Mountain.	B/L/D	
Day 23 Nov 24		Free time today	B/L/D	





## **CLASSICAL MARTIAL ARTS CANADA**

### **Cost Information:**

#### **Group 3: Optional Wudang Tour**

Tour fees are in CAD currency:

<b>Participants</b>	<b>COST PER PERSON</b>
<b>10-20 pax</b>	<b>CAD \$280</b>

### **Inclusions:**

- **3 nights Hotel at Shennongjia Muyu Town base on double occupancy**
- Entrance fees and meals as per itinerary
- Private car or van with English speaking guide as per itinerary
- Above private escorted tour is customized for you, your family or your friends exclusively.
- Chinese Massage Fees
- No other travelers will join in your group.

### **Exclusions:**

- International & domestic flights or trains and taxes
- Domestic transportation
- Single Supplement
- Tips to your tour guide and driver
- Personal expense not listed on the itinerary
- Any meals not specified as "B, L or D"
- Travel insurance
- Chinese Visa



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## CLASSICAL MARTIAL ARTS CANADA

### Group 4: optional Fuzhou + Hong Kong part (27days – 35days)

DATE	LOCATION	ITINERARY	MEALS	TRANSPORTATION	ACCOMMODATION
Day 27 Nov 28	Shanghai/ Fuzhou	You will take morning flight to Fuzhou. Our tour guide will meet you. Transfer to Lin Zexu's Shrine. His action had angered the British and as a result, the Opium War broke out and Hong Kong was ceded to the British Empire eventually. Visit Wuyi Square.	B/L/D	<b>Morning Flight</b>	
Day 28 Nov 29	Fuzhou	South Shaolin Training	B/L/D		
Day 29 Nov 30	Fuzhou	South Shaolin Training	B/L/D		
Day 30 Dec 1	Fuzhou/ Guangdong	After breakfast, you will visit sightseeing tour to Gushan (Drum Hill). The hill takes its name from a large drum-shaped rock that lies at the summit. Then, visit the Yongquan Monastery, which was built about 1,000 years ago, and the Moya stone carvings. Evening flight to Guangzhou. Tour guide will take you for dinner. Return to Hotel for rest.	B/L/D	<b>Evening Flight</b>	
Day 31 Dec 2	Guangdong	Morning: Bruce Lee Foshan Baiquan, Hequan training. Afternoon: visit Foshan The Temple of Ancestors and Huang Fei Hong Memorial. You also have an optional choices to Sun Yat Sen Memorial hall and Piyuan Tower	B/L/D		
Day 32 Dec 3	Guangdong	<i>Bruce Lee Foshan Baiquan, Hequan Training</i>			
Day 33 Dec 4	Guangzhou/ Hong Kong	Our guide will meet you at your hotel. Then visit the Great Arch, and the famous Shunde souvenir shop. Late afternoon flight to Hong Kong. Upon arrival, you will be transferred to Hotel for rest.	B/L	Late afternoon flight	
Day 34 Dec 5	Hong Kong	Enjoy your leisure			
Day 35 Dec 6	Hong Kong/ Toronto	Catch up on some last minute shopping. Later, you will drop off to the airport for your flight home		<b>Flight</b>	

*(We reserve the right to adjust the Itinerary and accommodation when necessary)*





## CLASSICAL MARTIAL ARTS CANADA

### ***Cost Information: Group 4: optional Fuzhou + Hong Kong part (28days – 35days)***

Tour fees are in CAD currency:

Participants	Cost per person	Single supplement
15-20 pax	CAD \$1,690	CAD \$350
21-30 pax	CAD \$1,635	
31-40 pax	CAD \$1,600	

### **Inclusions Fuzhou part:**

- Accommodations base on Chinese Standard 4 star hotel as per itinerary
- Entrance fees and meals as per itinerary
- Training fees as per itinerary
- Bottled water (1 per person daily)
- All transfers and city transportation as per itinerary
- Hong Kong Airport transfer to and from Hotel on Day 33 and Day 35
- Private car or van with English speaking guide as per itinerary
- Above private escorted tour is customized for you, your family or your friends exclusively. No other travelers will join in your group.
- Domestic flights Shanghai-Fuzhou, Fuzhou-Guangzhou, Guangzhou-HongKong
- Tips to your tour guide and driver From Day 27-Day 33

### **Inclusions Hong Kong part:**

- Hong Kong Accommodations base on 4 star Hotel (**Check-in: Day 33; Check-out: Day 35**)
- Hong Kong Airport transfer to and from Hotel on Day 33 and Day 35

### **Exclusions:**

- International flights and taxes
- Personal expense not listed on the itinerary
- Any meals not specified as "B, L or D"
- **Hong Kong part from Day 33-Day 35 (tour, meals, admission, local transportation, guide...)**



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## CLASSICAL MARTIAL ARTS CANADA

### Other costs:

1. **China Visa:** CAD\$ 60 for single entry (Canadian passport only)  
CAD\$90 for double entries (Canadian passport only)
2. **Document required:** original passport, one recent 2X2 inches size passport Photo, One complete Visa Application Form signed by the applicant.

***A valid Passport is required with minimum 6 months from expiry.***

### CANCELLATION GUIDELINES:

The date of cancellation will be determined by the date on which New Century Travel receives written notice. Cancellation refunds can only be made to the person whose name appears on the account; monies cannot be transferred to another account. The \$300 deposit is non-refundable. Should you find it necessary to cancel your tour, the following penalties apply:

Dates for trip cancellation	Fee per person
After May 17, 2011	50% of the 1 <sup>st</sup> installment
After October 8, 2011	100% of the total price

### DEADLINE DATES:

- 1) 1<sup>st</sup> installment: 50% (payable to "**NEW CENTURY EDUCATION**") due before end of May 17, 2011 with the application forms, trip plan form)
- 2) a post-dated cheque for final payment for August 1, 2011 (payable to **NEW CENTURY EDUCATION**) MUST be submitted with application forms.
- 4) China visa application fee dated August 1, 2011
- 5) The international air ticket will be issue on/before 30 days prior to your departure date; all participants have to confirm their itinerary 48 hours before ticketed. Air fares payment MAY be paid by credit card.
6. Trip cancellation and All insurance packages have to be purchased 48 hours before issuing your ticket.

### Note:

1. Tour packages may pay by direct deposit (TD Bank only)/ cashorDebit (not through mail)/ Certified Cheque/Money Order/Bank Draft/Personal Cheque or Credit Card Cheque (CAD\$100.00 service charge for N.S.F) (Please payable to "**New Century Education**")
2. Credit cards are acceptable for air tickets purchase ONLY.
3. We reserve the rights to revise the above itineraries without prior notice
4. above Tour Fees are in CAD currency.
5. Tour cost is not guaranteed until payment received
6. Late registrations may be charged an additional fee of CAD\$100.00 per person.  
We reserve the right to cancel your booking if full payment is not received by the due date.

\*\* Personal cheque or Credit card cheque (**Cheque is only accepted no later than 2 month prior to your departure date**)

*(Please notes: According to new policy of all the Banks, credit card cheque will not cover your travel insurance anymore. You will have to purchase your own travel insurance. People choose Credit card cheque as the payment method, please consult your credit card company for the interest rates and detail information before you make the payment)*



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## **CLASSICAL MARTIAL ARTS CANADA**

### **TRAVEL INSURANCE**

New Century Travel strongly recommends that all travelers review and purchase your trip cancellation insurance and your health insurance to ensure you have coverage appropriate to meet your needs when confirming on a trip, in case of any cancellation penalty, loss of property, or liability of medical treatment during the trip. If we do not receive payment for the insurance 48 hours before issuing your ticket, it will be assumed that you have declined coverage.

### **HEALTH**

By sending a deposit toward your trip purchase and completing your tour registration form, you certify that you do not have any physical condition or disability that would create a hazard for you or other travelers and you have received all appropriate vaccinations. Please consult travel clinic or your doctor. Traveler needs special assistance due to physical conditions must be brought to the attention of New Century Travel in writing at the time of reservation.

### **PASSPORT & VISA**

Valid passports for more than six months are required for all programs and a valid visa to enter another country

### **RESPONSIBILITIES:**

New Century Travel is acting only on tour operation. The airlines concerned are not to be held responsible for any act, omission or events during the time the passengers are not on board their plane or conveyance. The passage contract in use is the airlines concerned when issued shall constitute the sole contract between the airlines and passengers.

New Century Travel shall not be or become liable or responsible for any loss, injury, or damage to person, property or otherwise in connection with any transportation, accommodation, meals tours or other services referred to herein, or resulting from the neglect or default of any person, firm, corporation or other entity engaged to supply the same.

New Century Travel accepts no responsibility for losses or expenses due to delays or changes in air or other services. Sickness, weather, strikes, war, quarantine or other causes over which it has no control.

New Century Travel reserves the right to cancel any member at their discretion, the right is reserved to substitute hotel when necessary, to alter the itinerary or reverse the places to be visited. Unforeseen conditions may necessitate lengthening or shortening the itinerary and in, such cases increased or decreased costs will be fairly pro-rated. The right is reserved to cancel the tour prior to departure. In such cases, full refund all payment will constitute full settlement by the passenger. The price of the tour is subject to change until deposit received.

New Century Travel gives notice that all arrangements for transportation or conveyance, or for hotel accommodation or other particulars of the tours are made by them as agents upon the express conditions that they shall not be liable for any injury, loss, accident, or delay through the negligence or default hotel proprietor or servant. Such conveying, etc. is subject to the laws of the country where the conveying, etc. is provided.



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**CLASSICAL MARTIAL ARTS CANADA**  
Classical Martial Arts Centre 1010 Dreamcrest Dr # 8  
Mississauga, Ontario L5V3A4

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**Trip Planning Form**

*2011 C.M.A.C China Kung Fu Heritage Tour*

**Privacy Statement**

The personal information requested on this form is being collected and only used by Air Ticket & Tour booking purposes. This information will not be disclosed except as required for the above-noted purpose. We, New Century Travel Consulting Services of Canada are holding our client's personal confidential information in strict manner, and we shall not disclose any such information unless authorized by our clients.

**Personal Information**

**Passport Name:** (Please print your name exactly as it appears on your passport.)      **M or F**

Family Name \_\_\_\_\_ Given Name \_\_\_\_\_  
Passport Number \_\_\_\_\_ DOB: \_\_\_\_\_ (dd/mm/yy)  
Street \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_  
Tel (Home) (\_\_\_\_\_) \_\_\_\_\_ (Work) (\_\_\_\_\_) \_\_\_\_\_  
Mobile (\_\_\_\_\_) \_\_\_\_\_ E-Mail \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Phone Number \_\_\_\_\_

**Tour Package Information**

Please check the tour package(s) you would prefer.

<input type="checkbox"/> <b>A: Group 1</b> 27 days tour: include Beijing portion; end up at Shanghai	<input type="checkbox"/> <b>B: Group 2</b> 25 days: without Beijing portion; end up at Shanghai
<input type="checkbox"/> <b>C: Group 3</b> Group 3: Optional Wudang Tour	<input type="checkbox"/> <b>D: Group 4:</b> optional Fuzhou + Hong Kong part
<input type="checkbox"/> <b>E: I need single supplement for my whole trip</b>	



Designed by :New Century Travel Consulting Services  
63 DUNDURN STREET SOUTH, HAMILTON ONTARIO L8P 4J9  
TEL: (905) 577-6260 FAX: (905) 525-0499 WEB: [WWW.N-CENTURY.NET](http://WWW.N-CENTURY.NET)

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**Roommate :**

If you have someone would like to share room, please write down your roommate's name:

\_\_\_\_\_

**Your flight itinerary request:**

*(Please indicate name of city you need to stop over at and the departure dates from each city,*

For example: Toronto (Oct 26) – Toyko (Nov 2) – Beijing----- Hong Kong– Toronto)

\_\_\_\_\_

Special Seat Requirement (due to medical problem) \_\_\_\_\_

Frequency flyer number: \_\_\_\_\_ Airline \_\_\_\_\_

Dietarian Request: \_\_\_\_\_

**Methods of Payment:**

- Cash (not through mail)
- Credit Card (ONLY accepted for International Flight ticket)
- Certified Cheque / Money Order / Bank Draft
- Direct Deposit (TD Bank ONLY, please contact us for account information)
- Personal Cheque or Credit card cheque **PAYABLE TO: NEW CENTURY EDUCATION**

**(Cheque is only accepted no later than 2 month prior to your departure date)**

*(Please notes: According to new policy of all the Banks, credit card cheque will not cover your travel insurance anymore. You will have to purchase your own travel insurance. People choose Credit card cheque as the payment method, please consult your credit card company for the interest rates and detail information before you make the payment)*

**\*\* CREDIT CARD IS NOT ACCEPCTED FOR TOUR PACKAGE.**

**Tours Route (Office Use Only)**



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**International Air-ticket Cancellation & Interruption Insurance**

Please check the appropriate box (es) below:

- I would like to purchase air ticket cancellation & interruption insurance
- No thanks, I do not intend to purchase any type of insurance through New Century

\*\*\* if YES, please complete "Travel Insurance application form"

\*\*\*You may consult the following website for information on trip cancellation and interruption insurance

(some restrictions and conditions may apply): [www.n-century.net](http://www.n-century.net)

**Please return the completed form by mail, fax or e-mail**



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# C.M.A.C. November 2011 CHINA MARTIAL ARTS HERITAGE AND TRAINING TOUR

## CHINA TRIP WAIVER AND MEDICAL DISCLOSURE

I, \_\_\_\_\_ understand that every attempt has and will be taken through the organization and execution of the 2011 Martial Arts Heritage and Training Tour, for the good of myself, before and during all subsequent activities that encompass the planned itinerary, including its modification. I have decided to participate in this event of my own accord, and forever absolve Classical Martial Arts of Canada, New Century Travel, their affiliates, associates, and the host (CMAC Yume DaPo of Mississauga) of any unexpected harm to myself, encompassing but not excluding the possibility of injury, the integrity of my health, sickness, and illness, any and all allergies, food intolerances known or not known, and any and all degrees of physical, mental and emotional trauma, both during and after this trip. I understand that the aforementioned are in no way responsible or liable for any damages to my belongings or possessions during any activity, including any and all items of any and all value, personal or otherwise. I understand that I am responsible for any and all travel documentation, visas, passports, and any and all other forms of necessary liabilities and identification that could exclude me from continuing the trip, securing any form of transportation, or entering and leaving any country. I understand and agree that the aforementioned are in no way or manner responsible for any alterations or amendments that may or may not result in subsequent financial losses to myself, not excluding poor weather conditions, strikes, war, terrorist acts, quarantine, or any other acts of god or chance. I understand that this trip is primarily for educational purposes and is not a vacation, and as such I understand that I am traveling in full disclosure of the set forth schedule, modified or otherwise. I will recognize the authority of the faculty and management personnel in charge of organizing this trip, and that breach of maintaining the pace of this trip and its itinerary will be received as my resigning and forfeiting not only of my participation but also any and all remuneration of the remainder of this trip. In addition, special medical disclosure, i.e., allergies, prescription drugs, medical conditions, are: \_\_\_\_\_

\_\_\_\_\_  
Student/ Participant's signature of agreement

\_\_\_\_\_  
Date signed

I am aware that a meeting has been organized on \_\_\_\_\_ to provide me an opportunity to fully understand the physical requirements, the pace and any and all other boundaries of the aforementioned trip planned or modified, and to comprehensively consent to the authority of the faculty and management that will be organizing and operating this trip on my behalf.

I choose to waive this provision, and agree to the terms and conditions of the trip. \_\_\_\_\_ Initial

## Policy on Photo/Video/Media Recording, Online Postings, and Social Networking

No photos, videos, audio, or media recording of any type portraying any aspect of the martial arts training and instruction may be posted for public view on YouTube, Facebook, or other media sharing and social networking sites without the express written permission of all parties present in the recorded image, video, or other media.

Any form of media recording of the 2011 China Martial Arts Heritage and Training Tour that is found online without consent of all those present in the recording will be removed immediately.

I agree and will comply to the policy outlined above. \_\_\_\_\_ Initial

**New Century Travel Consulting Services of Canada**

63 Dundurn St. S. Hamilton Ontario L8P 4J9 Canada

Tel: 905-577 6260 Fax: 905- 525 0499

Email: [travel@n-century.net](mailto:travel@n-century.net) Website: www.n-century.net

TRAVEL INSURANCE APPLICATION

Office use only: By: _____
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Application Date: \_\_\_\_\_

**Insured Details:**

Sex	Last Name	Given Name	Date of Birth
M / F			

Address in Canada: \_\_\_\_\_

City / Province: \_\_\_\_\_ Post Code: \_\_\_\_\_

Phone number: \_\_\_\_\_ Email Address: \_\_\_\_\_

Beneficiary Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Destination \_\_\_\_\_ Departure Date \_\_\_\_\_ Return Date \_\_\_\_\_

Type of Travel Insurance: \_\_\_\_\_

Sum insured prior to departure: \_\_\_\_\_

**Payment Method:**

I would like to pay by cash for \$ \_\_\_\_\_

Please find attached my cheque made payable to New Century Travel for \$ \_\_\_\_\_

You can debit my VISA/MasterCard/Bankcard/Amex for \$ \_\_\_\_\_

Name on Card (Print) \_\_\_\_\_ Card No: \_\_\_\_\_

Expiry Date: \_\_\_\_\_ Auth. No. \_\_\_\_\_ (*office use only*)

Cardholder's Signature: \_\_\_\_\_

**I am in good health and know of no reason to seek medical attention or reason to cancel. I know of no reason to cancel my trip or to make any claim. I am aware that if I have any condition affecting my health, claims relating to this condition may be excluded under this policy.**

\_\_\_\_\_

\_\_\_\_\_

Signature of insured (or person acting on behalf of insured)

(MM/DD/YYYY)

## Baggage Policy

All participants are allowed ONLY TWO pieces of baggage for the entire trip. **No check-in luggage are allowed.**

1 Standard article

1 Personal article

### Standard article

#### **Maximum size:**

23 cm x 40 cm x 55 cm

(9 in x 15.5 in x 21.5 in)

Wheels and handles included.

#### **Maximum weight:**

10 kg (22 lb)



### Personal article

#### **Maximum size:**

16 cm x 33 cm x 43 cm

(6 in x 13 in x 17 in)

#### **Maximum weight:**

10 kg (22 lb)



**Examples of standard or personal articles** (as determined by their size)

- Carry-on bag, roller bag, backpack, briefcase,
- Laptop computer,
- Airport shopping and duty-free purchases,
- Camera bag.

### **Other items you may bring on board**

The following are examples of items that are allowed, **in addition to** your carry-on allowance:

- Coat or other outer garment,
- Small purse measuring no more than 25cm x 30cm x 14cm (10in x 12in x 5.5 in). Larger purses will be included in your carry-on allowance.
- Special needs items (see Special Items section below),
- Small electronic device such as cell phone or MP3 player.

### **Special items**

The following items are allowed **at all times**, in addition to your carry-on allowance:

- Container carrying life sustaining items,
- Medication in its original, labelled container,
- Syringe or needle for personal medical use (e.g. EpiPen)